

Sebastian River Times



**Staying the Course for
Success!**

Dear Parents and Guardians,

Happy New Year! They say time flies when you're having fun! We are well into the second semester and the days ahead are very busy months for our teachers and students as everyone prepares for the end of year FSA and EOC exams. Our students will take the FSA Writing exam in early April and then in May students will test in Reading, Math, Science, and Civics. Those dates are closer than we think. We need to prepare now to perform our best for the test!! Please make sure your student is well rested, eats a healthy breakfast and arrives to school on time each day. Everyday matters at SRMS!!

Parent Conferences are February 12 from 3:30-6:30 and February 13 from 3:30-8:30. Teacher conferences can be scheduled online by visiting our website. If you need assistance, please call our Guidance Secretary, Mrs. Gamez at 564-5122.

Included in this newsletter is a list of teachers or long-term substitute teachers at Sebastian River Middle School who have been reported as teaching out-of-field (as required in Section 1012.42 F.S.), who may not meet the federal highly qualified requirement for the 2019-20 school year, or who have not met the State ESOL requirements. The purpose of the list is to keep parents informed of our current certification status.

Finally, congratulations to our winter sports teams for an outstanding basketball season and to our students that competed in this year's Regional Science Fair in January. We also would like to recognize our outstanding band and choir programs for their holiday concerts and wish them luck as they enter the upcoming Music Performance Assessments.

Go Cowboys!
Mr. Racine
Principal

**Sebastian River Middle School
9400 CR 512
Sebastian, FL 32958**

Main Phone:

**772-564-5111 (Answered 7:30
A.M. - 3:15 P.M.)**

<https://srms.indianriverschools.org/>

ADMINISTRATION

**Todd Racine,
Principal**

**Michele Holmes,
Assistant Principal**

**James Thimmer,
Assistant Principal**

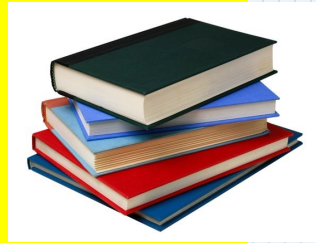
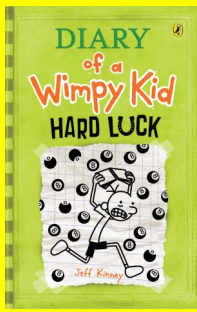
**Guidance,
772-564-5122**

**Attendance,
772-564-5123**

**February Newsletter
Volume 3, Issue 5**

Are you ready to crush the other grade levels in a fun competition? What grade level is the best? Be sure to check out **page 11** to see how you can get involved to help your grade level WIN! #pennywars

News from the Media Center



The Media Center would like to thank all the students and staff that participated in the SRMS Literacy Week activities January 27th - February 3rd.

This year's Sunshine State Young Readers Award Vote and Celebration is scheduled to take place April 7th in the SRMS Media Center. Students will need to read three of this year's fifteen titles and register with Mrs. Beller or Mrs. Zimei by March 31st to receive an invitation. Check out this year's selection of Grades 6-8 titles for Sunshine State Young Reader's Award Program at the following link: https://www.floridamediaed.org/uploads/6/1/4/2/61420659/6-8_annotated_list_2019-2020.pdf

The SRMS Media Center is open for students in the morning from 7:30 - 7:50 a.m. Students may read, check-out books, use computers for school related activities, study and complete assignments.

As always, keep Reading!

Attendance News



Perfect Attendance for first semester of the 2019-2020 school year was recognized on Wednesday January 29th. We are so proud of our 37 Cowboys who were rewarded with a pizza party and a SWAG Bag!

6th Grade

Andrea Cantor, Jake Cavill, Benjamin Fehrmann, Zayden Figueroa, Charnesia Grandger, Amare Hicks, Veronica Kostan, Marcia Martinez, Maurice Mewborn, Caleb Patterson, Noah Pulver, Louis St.Petery, Robert Tuerke

7th Grade

Jacquesia Bynum, Matthew Essig, Rebeca Francois, German Hernandez, Keino Jackson, Tarro Kusolsongserm, Kyla Martin, Jeremy Mullen, Edward Steinwand,

8th Grade

Lucas Augustin, Zacary Cavill, Kevin Chavez, Tabitha Dodson, Willie Durham, Joshua Greenlee, Logan Haase, Joel Hernandez, Jirawat Kusolsongserm, Ossiris Melendez, Junabel Paciena, Cherlyn Perez, Lawrielle Sarassin, Alexandria Tuerke



Got Shoeboxes??

Do you have empty shoeboxes that you have no use for? One of SRMS's teachers is collecting empty shoeboxes for students to use for a class project. Please drop them at the front office or bring to portable 1 to Mrs. Pagan. Thank you for the support!!

IB NEWS



Congratulations to the December volunteers of the month:

Students: Collin Brown, Lawrielle Sarrasin, Ana Maria Winans, Josiah Erskine

Parents: The Brown's, Mrs. Erskine, Mrs. Medina

Please keep logging your volunteer hours into the Volunteer website! Students who have completed their required SRMS volunteer hours (6th = 10 hours, 7th = 15 hours, & 8th = 20 hours) have been receiving a Certificate of Completion, a Golden Cowboy Credit, a Cowboy Rubber Ducky, and their choice of a Patio Pass or a Lunch Speed Pass.

8th Grade IB Community Project News:

Please continue to help, support, and guide your child through the IB Community Project as they plan out their service for their IB Community Project.

Save the dates: Tuesday, April 21st starting at 5:30 will be our annual Portfolio Extravaganza.

The 6th and 7th grade students will start preparing for Portfolio Extravaganza in late March/early April in their Advanced Language Arts classes. The 6th Grade project is the ***Learner Profile and Me***. Students will reflect on their growth and progress during their 6th grade school year using work samples and the Learner Profile. The 7th graders will be creating an ***International Hall of Fame***. They will research a person from history who they believe should be included in the International Hall of Fame. Our 8th grade students will be presenting their ***IB Community Projects***. 8th grader students have been working hard over the past 4 months researching a problem in a community, planning their action, and soon will be taking action.

Please help, support, and guide your child with their Portfolio Extravaganza project.

Tuesday, May 19th at 6:30 is our 8th Grade Wave and Pebble Ceremony. It will be a night of celebrating the accomplishments of our 8th grade Advanced IB-MYP students who will continue to make waves at the high school.

IB Evaluation

In order to maintain our status as an IB World School, SRMS is required to participate in an ongoing process of review every five years to ensure that the IB Standards and Practices are being upheld with fidelity. On February 24th and 25th, a pair of evaluators from IB will be visiting SRMS to verify our self-study, interview teachers, administrators, students, and parents, and give us feedback to improve our program. Parents, if you are interested in being part of this evaluation process, or wish to provide feedback about the IB Programme at SRMS, please email me at Bradley.wright@indianriverschools.org.

Got IB Questions? Please feel free to contact Brad Wright (IB Coordinator) at Bradley.wright@indianriverschools.org or 564-5127.

All State Choir



Gabriel Knott (7th Grade)

On January 11th, two students from choir represent SRMS in the 2020 Florida All-State Choir in Tampa, Florida. They had a great performance while attending. Not only did they have their supportive family with them, but they had their awesome choir teacher, Mr. Kinkle there, too! Congratulations to these talented students!



Conrad Sylvester (8th Grade)



Who: All 8th Grade Students are Invited

Destination: Universal Studios/Islands of Adventure

Day/Date: Friday, May 15, 2020

Departure from SRMS: 1:30 p.m.

Departure from Theme Park: 12:00 Midnight

Arrival at SRMS: 2:00 a.m.

Cost: \$140.00 (includes admission to both parks, t-shirt, dinner in park, and transportation on a charter bus). This can be broken down into two payments of \$70.00/\$70.00 each. **If paying by check, make payable to SRMS and include student's name, & ID #. A telephone number is required to be printed/ written on check.** If paying by cash, put money in an envelope labeled with student's name and ID #. *****Payment and permission slip should be turned in to Mrs. Walker during lunches on Fridays ONLY.*****

ACADEMIC AND DISCIPLINE REQUIREMENTS: Students attending Gradventure **MUST** meet the following requirements beginning January 7, 2020 through May 15, 20.

NO Out of School Suspension

NO more than one (1) In-School Suspension

NO more than two (2) Saturday School Detentions

NO excessive tardiness or absences (*SRMS expectation is a 95% Attendance Rate*)

No F's/failing grades or U's/unsatisfactory behavior (*On either 3rd 9 weeks Report Card or 4th 9 weeks Progress Report*)

No outstanding financial obligations, (books, locks, lunch acct., team uniforms from the Athletic Department, etc.).

Students on behavior agreements require special permission from administration to participate.

If any of these requirements are violated, the student may be refused permission to participate in the activity and forfeit all monetary investment and the park ticket.



HEALTH NEWS



Dear Parents:

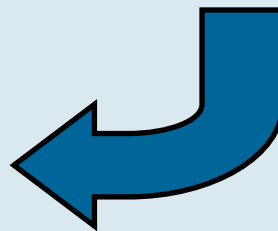
The Florida Department of Health reports influenza activity levels have increased notably over the last few weeks. The Florida Department of Health is encouraging families to get vaccinated for influenza as soon as possible. Influenza vaccines are safe and the best way to protect against influenza and its potentially severe complications. Influenza can cause mild to severe illness. Serious outcomes of influenza infection can result in hospitalization or death. Some people, such as young children, the elderly, and people with certain health conditions are at higher risk for serious complications from influenza. Some children are at especially high risk for influenza-related complications: children less than five years old, American Indian and Alaskan Native children, and children with chronic health problems. While rare, influenza-associated pediatric deaths are reported each season, most often in unvaccinated children with underlying health conditions. Last season, six influenza associated pediatric deaths were reported in Florida, and all six occurred in children who were not fully vaccinated. Influenza vaccination has been shown to significantly reduce a child's risk of dying from flu. For more information, please visit www.cdc.gov/flu/parents/index.htm. The best ways to protect your child and your family during influenza season are to: 1. Get vaccinated. 2. Keep sick family members home. 3. Contact your health care provider if you or your child are experiencing flu-like symptoms (common symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, and headache). 4. Follow your physician's guidance on treatment. 5. Take additional steps to prevent flu by staying away from people who are sick, frequently washing your hands with soap and warm water, and avoiding touching your eyes, nose, and mouth as much as possible. Annual influenza vaccination is crucial for children with underlying health conditions including asthma, diabetes, heart disease, and neurological and neurodevelopmental conditions. Children less than six months old are too young to be vaccinated, which is why it is so important to make sure the people around them are vaccinated. Influenza vaccines are offered in many locations including pharmacies, clinics, employers, and schools. Contact your physician or county health department, or visit FloridaHealth.gov/findaflushot to find a location offering influenza vaccines near you.



Develop effective methods

- practice with flashcards;
- ask someone to quiz you;
- read; reread; and highlight your notes;
- summarize; read your notes; read your notes aloud;
- organize your papers so you are working with everything you need;
- outline or make a graphic version of written work (lists, columns, Venn diagrams, etc.);
- quiz yourself;
- write memory work over and over until you feel confident;

How Do I Study?



STUDENT OF THE MONTH - JANUARY



The Exchange Club Student of the Month for January is Jirawat Kusolsongserm! Teachers call Jirawat a respectful and kind individual. Jirawat shows that he wants to succeed in life and he is a hard-worker and will always get the task at hand finished. His love for learning has allowed him to quickly



develop a strong understanding of the English language, and all his teachers seem think so too. What an amazing honor to be selected for the Student of the Month, and we congratulate him in any future endeavors he takes on!

Student of The Month-December

Congratulations to Baylee Walker for being December's Exchange Club Student of the Month! She is one of the top student-athletes in the school, being able to manage between two sports, playing both Volleyball, and girls lacrosse. Baylee has made great strides in her athletic sports, being the captain of the volleyball team, and one of the top leading players for the girls lacrosse team. Maintaining, not just sports, but also an honor roll status, shows she has a drive to be great. She has boundless future, and can accomplish her goals!



Pictured with Coach Mia Johnson

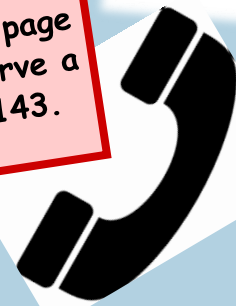
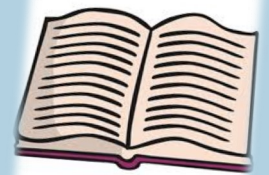
Winter Game Night



Dear all SRMS students, you are formally invited to attend the Winter Game Night sponsored by National Junior Honor Society! It will take place on February 21 and it will be black and white themed. There will also be an escape room. Admission is \$5 and an additional \$1 to attend the escape room, of which you must schedule ahead of time. Food and drinks will be available to purchase at the formal.

Yearbook News!

Attention Students & Parents:
Yearbooks are still available for purchase. See Ms. Crawford in Room 511 with your \$50 payment OR order online at ybpay.lifetouch.com.
"Student Celebration Ads" are filling up. The price for a full-page ad is only \$65.00 and a half-page ad is \$35.00. Call to reserve a special page for your son/daughter or grandchild. 772-564-5143.



New Faces

Mrs. Perakes is a 7th grade science teacher here at SRMS. She likes SRMS because she really enjoys working with students in the middle school age group, and gets to teach her favorite subject all day. She also loves how welcoming everyone is at SRMS. She grew up in a small town named Bayport, which is on Long Island in New York. She attended Hofstra University for her undergraduate degree in Broadcast Telecommunications, and returned to Hofstra a few years later to earn her Masters in Education. As part of her teaching internship, she enjoyed teaching inner city students at 2 different elementary schools in London, England. In her free time, She loves to play with her dogs at the beach, spend time just hanging out with Mr. Perakes, enjoying some sushi at Fujiyama, and caring for her succulent garden.



Mrs. Perakes

Important Info!



Attention parents and students! Progress reports for the third quarter come out on February 12, 2020. Be sure to bring them home and share with your family.



It is also time for parent-teacher conferences which are on Wednesday, February 12th, from 3:30 - 6:30pm and Thursday, February 13th, from 3:30 - 8:30pm. Below is the link to schedule a conference with a teacher on conference night. You can also go to our school website to access the conference scheduler.

<https://w3.indianriverschools.org/ptc/>

MLK Day



MLK day is a federal holiday held on the third Monday of January. It celebrates the life and achievements of Martin Luther King Jr., an influential American civil rights leader. Below are some of our wonderful SRMS students showing support at the MLK parade that is held annually in Vero Beach, Florida. Beautiful day to celebrate an American Hero!



Book Fair



SRMS celebrated literacy week on 1/27/20 through 2/3/20! Students were able to go to the book fair during school to make purchases of their choice. What a great way to get reading!!





V♥lentine's D♥y



St. Valentine's Day is when lovers express their affection with greetings and gifts. Valentine's Day (February 14) originated in the Roman festival of Lupercalia, which celebrated the coming of Spring. Coming to the end of the 5th century, Pope Gelasius replaced Lupercalia with what is today known as St. Valentine's Day, the day of romance.

Reminder: Yearbook will be taking orders for beautiful live carnation flowers February 5 - February 12 and delivering them with Valentine's messages on February 13th. Only \$1.00 to send a friend a flower with a message. Order during all lunches.

People's Choice Awards Winners

Most Athletic

Girl: Kenna Barley

Boy: Jaden Hernandez

Most Organized

Girl: Caylee Lott

Boy: Ace McLain

Most Musical

Girl: July Wise

Boy: Jacob Dingus

Most Artistic

Girl: Clara Sepuvela

Boy: Joshua Castaneda

Kindest Heart

Girl: Hailey Sanchez

Boy: Tre'Veon Rainey

Voting for the People's Choice Awards is a tradition for the 8th graders here at Sebastian River Middle School. This is a way to nominate friends for certain categories. Here are the results, which are also recorded in the yearbook. Buy yours today!



Math Whiz

Girl: Baylee Walker

Boy: Ace McLain

Best Sense of Humor

Girl: Haylee Green

Boy: Cameron Ryan

Most Likely to Cheer You Up

Girl: Taylor Hunter

Boy: Edgar Ramos

Most School Spirit

Girl: Mia Harrel

Boy: Jake Rincon

Best All-Around

Girl: Haylee Green

Boy: Austin Emerson

Science Fair



Congratulations to the Cowboy Scientists that were honored at the Indian River Regional Science & Engineering Fair. This award ceremony was sponsored by Education Foundation IRC. Below and to the right, you can find a list of winner.

Mia Harrell—Earth and Environmental Sciences 1st Place

Ashley Lara—Environmental Engineering 2nd Place

Jake Cavill—Plant Science 3rd Place

Mia Harrell—Broadcom MASTERS Nominee

Donald Lambert Dare to Be Different Memorial—Emily Barry, Ace Mclain, Lilyana Wilsnack, Mia Van Antwerp

Kirk Canas-Alumni Recognition Award

Mason Medina-RHB Honor Innovation Award

Joniah Holson-Reach for the Stars Award

Veronica Kosten-ASM Materials Education Foundation Award

Tyler Simpson-Behavioral and Social Sciences 2nd place

Lacrosse Tryouts



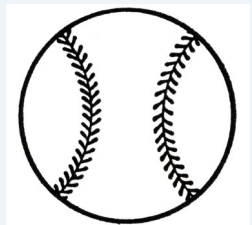
This Photo by Unknown

Girls lacrosse tryouts will begin on 2/3/2020 at 3pm. All girls are welcome to tryout and must have all required paperwork turned in to Coach Johnson or Coach Walker before tryouts begin. For more info or have any questions, see either Coach Johnson or Coach Walker.



Baseball Tryouts

Baseball tryouts are Monday February 3rd at 3:15 until 5:15 but we are holding practice every day until then from 3:15-5:30 on the SRMS field. You'll need an up to date EL2 and EL3 form along with the hold harmless form all found in student services before you can participate. Anyone is invited to practice but you'll need to provide your own equipment. Baseball pants, belt, hat, cleats, glove, helmet and -3 bat.





Caribbean Heritage Month

The month of January has been considered Caribbean Heritage Month since 2006. The Caribbean-American population is approximately 12.6 million some of the largest Caribbean ancestry groups in the U.S. include Puerto Ricans, Cubans etc. The Caribbean is a very important place, rich with culture and beautiful scenery and Caribbean heritage recognizes the people of this beautiful region.



You Ready for Penny Wars??

DONATE

PENNIES & BILLS
ADD TO YOUR
GRADES TOTAL

1 penny = 1 point
1 Dollar = 100 pts

PRIZES!

Prizes based on
School Total

\$500 = Cookies

\$800 = 1wk Music@ Lunch

\$1200 = Fun in the Sun

\$2000 = Racine in a
Red Dress

1, 2, 3, 4

Student Council
Challenges you

to a

PENNY

WAR!!!

6th vs. 7th vs. 8th
Grades

During ALL
Lunches

March 1 thru
March 19

DONATE

Nickels, Dimes &
Quarters
SUBTRACT from
other Grade Totals

Nickels = -5 points

Dimes = -10 points

Quarters = -25 pts

**AGAINST
OTHER
GRADES!**



Important! - Fortify



We are pleased to announce that the FortifyFL app is LIVE. Now any student, educator, parent, or member of the public can report school safety concerns directly to law enforcement and school administrators anonymously and easily through the FortifyFL app or www.getfortifyfl.com. The app, which is available for download on Apple and Android mobile devices, is critical to ensuring all Florida schools are safe environments where students and educators can experience and share the joy of learning without fear. We hope that you will become familiar with this tool and help us spread the word about it with our students and their families. Please note that the official app's logo will look exactly as it does in the graphic above. You may also contact authorities by using their tip line. **IRCSO TIP Line : 772-978-6000** or email SchoolTips@ircsheriff.org

SRMS Game Schedules



Girls Lacrosse

<u>DATE</u>	<u>DAY</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
02/18	Tuesday	St. Edward's	SRMS	4:30pm
02/20	Thursday	Oslo Middle	Oslo Middle	4:30pm
02/27	Thursday	Storm Grove	SRMS	4:30pm
03/05	Thursday	Gifford Middle	Gifford Middle	4:30pm
03/10	Tuesday	Oslo Middle	SRMS	4:30pm
03/17	Tuesday	Gifford Middle	SRMS	4:30pm
03/19	Thursday	Storm Grove	Storm Grove	4:30pm
04/06-04/08	Mon.-Thurs.	District Tournament	TBA	TBA

Boys Lacrosse

<u>DATE</u>	<u>DAY</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
02/18	Tuesday	St. Edward's	St. Edward's	4:30pm
02/20	Thursday	Oslo Middle	SRMS	4:30pm
02/27	Thursday	Storm Grove	Storm Grove	4:30pm
03/05	Thursday	Gifford Middle	SRMS	4:30pm
03/09	Monday	Holy Trinity	Holy Trinity	4:30pm
03/10	Tuesday	Oslo Middle	Oslo Middle	4:30pm
03/17	Tuesday	Gifford Middle	Gifford Middle	4:30pm
03/19	Thursday	Storm Grove	SRMS	4:30pm
04/02	Thursday	Holy Trinity	SRMS	4:30pm
04/06-04/08	Mon.-Wed.	District Tournament	TBA	TBA

Softball Schedule

<u>DATE</u>	<u>DAY</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
02/18	Tuesday	Oslo Middle	SRMS	4:30pm
02/20	Thursday	Storm Grove	SRMS	4:30pm
02/24	Monday	Yearling Middle	Yearling	4:30pm
02/25	Tuesday	Imagine Charter	Imagine	4:30pm
02/27	Thursday	Gifford Middle	Gifford	4:30pm
03/03	Tuesday	PEC	SRMS	4:30pm
03/05	Thursday	Osceola Middle	SRMS	4:30pm
03/09	Monday	Osceola Middle	Osceola	4:30pm
03/10	Tuesday	Yearling Middle	SRMS	4:30pm
03/12	Thursday	Oslo Middle	Oslo	4:30pm
03/16	Monday	Storm Grove	Storm Grove	4:30pm
03/19	Thursday	Imagine Charter	SRMS	4:30pm
03/30	Monday	PEC	PEC	4:30pm
03/31	Tuesday	Gifford Middle	SRMS	4:30pm
04/04	Saturday	District Tournament	TBA	TBA

*All SRMS Softball home games are held at North County Fields. Softball Games at Yearling and Osceola will be held at Okeechobee HS.

Baseball Schedule

ALL HOME GAMES WILL BE PLAYED AT BARBER STREET FIELDS

<u>DATE</u>	<u>DAY</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
02/18	Tuesday	Oslo Middle	Oslo Middle	4:30pm
02/20	Thursday	Imagine	SRMS	4:30pm
02/24	Monday	Gifford Middle	Gifford Middle	4:30pm
02/25	Tuesday	Pemayetv Emahaky	SRMS	4:30pm
02/27	Thursday	Master's Academy	Master's Academy	4:30pm
03/03	Tuesday	Storm Grove	SRMS	4:30pm
03/04	Wednesday	St. Edward's	St. Edward's	4:30pm
03/05	Thursday	Gifford Middle	SRMS	4:30pm
03/09	Monday	Pemayetv Emahaky	P.E.C.	4:30pm
03/12	Thursday	Oslo Middle	SRMS	4:30pm
03/17	Tuesday	Imagine	Imagine	4:30pm
03/31	Tuesday	Master's Academy	SRMS	4:30pm
04/01	Wednesday	SGMS	VBHS	6:00pm
04/04	Saturday	District Tourney	TBA	TBA

NOTIFICATION OF PARENTS REGARDING OUT-OF-FIELD TEACHERS

January 31, 2020

Included in this memo is a list of teachers or long-term substitute teachers at Sebastian River Middle School who have been reported as teaching out-of-field as required by Section 1012.42 of Florida Statute. Those teaching out-of-field are qualified to teach; however, all or part of their teaching assignment is not covered by their current certification. Individuals teaching out-of-field are required to complete additional coursework or testing until the coverage/endorsement is added to their certificate. Should you have any questions about these requirements, please call the school or Laurie Silvia, Certification Analyst (772-564-3116).

Teacher:	Course:	Area of Out-of-Field Assignment:
Baldwin, Jennifer	M/J INTENS READ (MC)	ESOL
Bullard, Latoya	M/J INTENS READ (MC); M/J LANG ARTS 1	ESOL

AVISO PARA LOS PADRES SOBRE MAESTROS "FUERA DEL AREA"

31 de enero de 2020

Incluido en este aviso se encuentra una lista de maestros o maestros sustitutos a largo plazo en la escuela Sebastian River Middle School quienes han sido reportados como "fuera de área" como se requiere en Sección 1012.42 de Estatuto de Florida. Esto significa que los maestros están calificados para enseñar y tienen su certificado sin embargo les hace falta completar algunos requerimientos que solo aplican a su asignado trabajo de enseñanza. Estos individuos que están enseñando "fuera de su área" requieren completar un curso adicional o tomar un examen para cumplir con los requerimientos. Si Ud. tiene preguntas sobre los requerimientos favor de hablar con la escuela o Laurie Silvia, Analista de Certifi-

Maestro (a):	Curso:	Fuera de Área en:
Baldwin, Jennifer	M/J INTENS READ (MC)	ESOL
Bullard, Latoya	M/J INTENS READ (MC); M/J LANG ARTS 1	ESOL

How to REMEMBER WHAT YOU WROTE ↓ IN CLASS

by: Study-Hack.com

- ① Listen actively - write in your own words, connect to what you already know
- ② Pay attention & ask questions if smth is unclear.
- ③ Review your notes in the evening & quiz yourself (use active recall)
- ④ Study a little every weekend → better to study a bit more often than pull allnighters

HOW to GET The MOST out of your classes.

1. Take quality notes
 - No mindless writing,
 - put everything in your words
 - print out ppt slides before class (if possible) and write on them
 - read the textbook before class
 2. Ask questions
 - it's your grade, ask your questions
 3. Participate in class
 - you remember things better when you say them out loud, because you actually think about what you're asking/answering
 4. Don't be behind on readings/concepts
 - Procrastination = your ENEMY
- studuhack